



# ELEMENTS HAIR & BEAUTY

---

PORTISHEAD | SERVICE MENU

(T) 01275 846636

## OPENING HOURS

---

<b>Monday</b>	<b>11 - 5</b>
<b>Tuesday</b>	<b>9 - 8</b>
<b>Wednesday</b>	<b>9 - 4</b>
<b>Thursday</b>	<b>9 - 8</b>
<b>Friday</b>	<b>9 - 6</b>
<b>Saturday</b>	<b>9 - 4</b>
<b>Sunday</b>	<b>Closed</b>

## CANCELLATION POLICY

Here at Elements Hair and Beauty we kindly ask that all clients give at least 24 hours notice when cancelling any appointments to enable us to have time to fill open appointments from our client waiting list. If less than 24 hours notice is given, a 50% charge will be requested on account before any further bookings are accepted.



## WELCOME TO ELEMENTS HAIR & BEAUTY EXCLUSIVE AVEDA SALON

Our salon is a premier location to experience the Elements Aveda brand in its entirety, from complimentary rituals to the personal touch you receive from our expert stylists, colour technicians and beauty therapists.

Elements Hair & Beauty are leading providers of hairdressing and beauty services in Bristol and North Somerset, with spa salons in Long Ashton and Portishead.

Aveda's 'Art and Science of Pure Flower and Plant Essences' calls for ingredients of the highest integrity. Sourcing ingredients from local communities around the world allows Aveda to connect with its mission of environmental and social responsibility. Based on a holistic approach to beauty and health, Aveda connects fashion, art, wellness and beauty.

## ELEMENTS MEMBER SCHEME

Visit our salons six times during the year and you will be invited to join our prestigious Member Scheme. Members are entitled to exclusive prices, invited to private events and benefit from services with our Artistic Directors, Senior Stylists and Beauty Therapists.



## HAIR SERVICES

Our team of stylists are highly experienced in working with all hair types and textures. After a personalised consultation, enjoy an Aveda Sensory Journey using natural essential oils and a Stress-Relieving Scalp and Shampoo Ritual during your service.

	Stylist	Senior Stylist	Artistic Director
Wet Cut - Short Hair	£33	£44	£47
Wet Cut - Long Hair	£35	£47	£49
Cut & Blow Dry - Short Hair	£41	£49	£57
Cut & Blow Dry - Long Hair	£44	£55	£65
Restyle	£46	£53	£63
Gents Cut	£21	£26	£31
Blow Dry - Short Hair	£21	£26	£31
Blow Dry - Long Hair	£23	£29	£35
Hair Up	£31	£42	£52

\*10% Discount for Members



## AVEDA FULL SPECTRUM™ HAIR COLOUR

Aveda colour uses plant extracts and is manufactured with 100% certified wind power, immersing hair in up to 96% naturally derived formulas for essentially damage-free results. Please note that with any colour service you will need to come into the salon for a patch test at least 48 hours before your appointment, along with a complimentary consultation.

**We mix the colour, you make it unique.**

	Stylist	Senior Stylist	Artistic Director
Regrowth	£44	£51	£55
Full Head - Short	£54	£60	£66
Full Head - Long	£59	£66	£72
Full Head Colour with Scattered Foils	£80	£87	£92
Regrowth Colour with Scattered Foils	£64	£72	£76
T-Section Highlights	£49	£57	£67
Half Head Highlights for Short Hair	£64	£73	£81

\*10% Discount for Members





## AVEDA FULL SPECTRUM™ HAIR COLOUR

	Stylist	Senior Stylist	Artistic Director
Half Head Highlights for Long Hair	£70	£78	£87
Full Head Highlights	£80	£89	£98
Ombre (Inc 1 toner)	£102	£125	£135
Balayage	£102	£125	£135
Colour Cleanse (Each)	£33	£33	£33
Toner	£23	£23	£23
Toner (With Colour Service)	£16	£16	£16

\*10% Discount for Members



## ELEMENTS BRIDAL HAIR AND BEAUTY EXPERIENCE

At Elements, our team of experts are passionate about wedding hair and make-up. We pride ourselves on providing a relaxed and stress free experience in the lead up to your wedding, whilst offering completely bespoke packages that are tailored to your needs.

Alongside hair and makeup services, we also have an extensive range of treatments to prepare you in the run up to your wedding, ensuring that you look the best version of you on your big day. To find out more, give our reception team a call and book in your complimentary consultation with our experienced wedding team.



## ELEMENTS HAIR & BEAUTY PROMOTIONS

The following promotions are available with **selected** stylists and beauticians every Tuesday and Wednesday.

### Barbering & Lager | £20

Express gents cut and complimentary lager

### Perm Power | £70

Perm, cut & blow dry with complimentary blow dry the following week

### Full Price Complimentary Service

Book two services and the lower priced service is complimentary

*"My go to place for a pamper and to relax! All the staff are so welcoming, friendly and the service they all provide makes you feel special and they go above and beyond to give you that experience. I started just getting my hair done and then my nails. Now they have such a range of beauty treatments that I love trying out different ones each time! Would definitely recommend."*

- Louise



*"I think I've tried every salon in Portishead and I'm happy to say I've found my go to place! A wonderful team that are so knowledgeable and welcoming - beautiful products that help me keep my hair looking good between appointments and will do their best to squeeze in a last minute manicure. I also have my facials here!"*

- Tracie





## NAIL & PROSECCO BAR

### Luxury Manicure - 75 mins | £47

Replenish and revitalise your hands with this luxurious manicure. This manicure is designed to restore elasticity, plump and smooth dry skin and includes a luxurious, heated paraffin wrap to rejuvenate and hydrate the skin. Includes hand and arm massage.

### Luxury Pedicure - 75 mins | £47

This luxury pedicure is designed to relieve, energise and invigorate your feet. Includes exfoliation, a luxurious foot mask, followed by a relaxing foot and leg massage.

### Upgrade to Gel Finish | £5

---

File & Polish - 30 mins	£19
Gel Express Mani or Pedi	£26
Add 'Build' - Promotes Strength & Growth	£2.50
Gel Express Mani & Pedi	£49
Gel Soak Off & Re-Application	£29
Glass of Prosecco	£3.50

\*10% Discount for Members



## FACIALS & MASSAGE THERAPY

At Elements, we offer you a customised beauty treatment based on your specific skin and body's needs. All treatments include a thorough consultation to create a holistic facial, body treatment or massage therapy that is designed just for you.

Select your time frame and after your consultation your therapist will customise your facial or massage, to curate the perfect personalised treatment

### PRICING

90 mins	£68
60 mins	£57
30 mins	£34

\*10% Discount for Members

A woman with dark hair pulled back is relaxing in a hot spring. She is lying back, eyes closed, with a serene expression. The water is dark and surrounded by lush green foliage. Several white flowers are floating in the water around her. A teal banner with the word 'FACIALS' is positioned at the top left of the image.

## FACIALS

Indulge your skin with a BeautyLab facial. Employing cutting-edge skincare science, integrated with smart technology, BeautyLab's sophisticated products are abundant in natural actives, oils, gemstones, peptides & proteins that work in synergy with the skin.

### **Intro Facial**

A rejuvenating mini facial. Suitable for all skin types and in particular for younger skin – a great introduction to the BeautyLab brand.

### **Glycopeel Facial**

A unique resurfacing treatment which combines Glycolic Acid and Pomegranate Enzyme for optimum effect, leading to a softer, smoother & brighter complexion.

### **Anti-Ageing Facial**

Combining the regenerative powers of stem cells with the intense protective properties of peptides to create an unrivalled facial treatment that targets many skin ageing concerns.

### **Non-Surgical Lifting Facial**

A facial that stimulates the muscles using microcurrents to lift and strengthen the skin. Improves and enhances skin texture and tone.

### **Oxygen Therapy Facial**

Specialising in promoting collagen production as well as stimulating, plumping, energising and restoring the skins' vitality.

Stress, muscle tension and lack of energy can all be addressed with a customised massage treatment. After a thorough consultation, your massage therapist will provide you with the best combination of products, personalised Aveda aromas and massage techniques to suit your needs.

### **Full Body Massage**

A full body massage which can be adapted to suit problematic areas, to relax, restore and revitalise.

### **Back, Neck & Shoulder Massage**

Tailored to suit your needs, this massage is based on traditional Swedish techniques and will sooth stiffness and relieve tension in aching muscles.

### **Tranquillity Shoulder, Face & Scalp Massage**

Designed to relieve stress and release tension in the face and head, whilst increasing circulation to the facial muscles and skin.



## EXPRESS TREATMENTS

### ESSENTIALS PACKAGES

---

Half Leg & Bikini Wax	£28
Half Leg & Brazilian Wax	£37
Full Leg & Bikini Wax	£34
Full Leg & Brazilian Wax	£48
Eyebrow & Lip Wax	£15
Eyebrow, Lip & Chin Wax	£22
Eyelash & Brow Tint	£35

*“Wow! Absolutely love this salon! Everyone is so welcoming and friendly (which is hard to find). It’s so stylish and the Aveda products smell and feel amazing. Definitely going back!*

- **Sophie** ★★★★★

Instant results in express time. The ultimate treat for our on-the-go guests. Each treatment is £15 for 15 minutes.

#### **AVEDA Perfecting Plant Peel | £15**

This express peel is Aveda’s plant based alternative to a 30% Glycolic peel that soothes and softens skin and provides instant exfoliation and radiance.

#### **AVEDA Botanical Hair Spa Treatment | £15**

Bespoke intense Hair Spa Treatment tailored to improve Dry or Damaged hair by up to 86% with the power of Aveda’s certified organic extracts.

#### **BeautyLab Oxygen Facial | £15**

Specialising in promoting collagen production as well as stimulating, plumping, energising and restoring the skin’s vitality.

#### **Callus Peel Foot Treatment | £15**

The callus peel is a luxury, spa foot treatment that removes hard and callused skin, leaving your feet feeling soft and revitalised.

## BESPOKE BEAUTY PACKAGES

### Mum to Be Package - 3hrs | £105

Indulge with a luxury pedicure with gel polish, followed by a relaxing back, neck and shoulder massage and an Essential BeautyLab Facial.

### Bridal Countdown Package - 4.5hrs | £170

Includes gel express manicure and pedicure, lash lift, followed by a back, neck and shoulder massage and a hydrating BeautyLab Oxygen Facial.

### Ultimate Relaxation Package - 5 hrs | £185

Relax with a full body and scalp massage, followed by a bespoke BeautyLab Facial. Enjoy a luxury manicure and pedicure with gel polish, before indulging in a light lunch and glass of prosecco.

### Time Stopper Package - 4 hrs | £105

Begin with an exfoliating back scrub, followed by a back, neck and shoulder massage. Indulge with a tranquillity head massage and BeautyLab Revitalising Facial.

**\*To secure a reservation of these packages a 50% non-refundable deposit will be requested upon booking.**



## BEAUTY ESSENTIALS

---

Half Leg Wax	£19
Full Leg Wax	£30
Underarm Wax	£10
Forearm Wax	£18
Standard Bikini Wax	£11
High Bikini Wax	£15
Brazilian Wax	£25
Hollywood Wax	£30
Tummy/Lower Back	£10
Eyebrow Wax	£10

---

Lip Wax	£8
Chin Wax	£8
Eyelash Tint	£18
Eyebrow Tint	£12
Lash Lift	£47
Eyebrow Threading	£15
Chin Threading	£11
Side of Face Threading	£13
Makeup Lesson (1 Hr)	£36

\*10% Discount for Members



## SIGNATURE TREATMENTS

### Elements Cosy Toes - 30 mins | £34

This deeply relaxing treatment commences with a salt foot scrub exfoliation, followed by a pressure point and tension relief foot and leg massage. Culminating with the feet being enveloped in hot towels, leaving feet feeling pampered.

### Elements Glow Facial - 45 mins | £49

This treatment includes a deep facial cleanse using 10% glyco-wash, an exfoliation with enzymes and an application of pure hydrating multi-vitamin oil. A nourishing facial mask is then applied whilst you enjoy our de-stressing shoulder massage and facial pressure point massage. The treatment concludes with hot towels and an application of our 'Kissed by Mii' subtle face tanning cream, leaving you with beautiful, sun kissed looking skin.

### Kissed by Mii Tanning - 60 mins | £41

Enjoy a sun kissed look all year round with this tanning treatment. Treatment includes a full body exfoliation which is removed by hot towels. Hydrating body cream is applied, followed by the application of tanning solution.



10% Discount for Members



## ELEMENTS HAIR & BEAUTY

---



### PORTISHEAD

311 Newfoundland Way  
Portishead, North Somerset  
BS20 7QN

**(T) 01275 846636**

[www.elementshairandbeauty.co.uk](http://www.elementshairandbeauty.co.uk)

[info@elementshairandbeauty.co.uk](mailto:info@elementshairandbeauty.co.uk)